COURSE SYLLABUS

Empowering Women: Leadership Essentials

This course is designed to inspire, equip, and empower women to step confidently into leadership roles in the federal government. Throughout this journey, we explore the unique strengths, perspectives, and contributions women bring to leadership roles. Each module is thoughtfully crafted to address key aspects of leadership development and provide you with the tools, insights, and confidence to make a meaningful impact.

> Group classes (Live Online) and onsite training are available for this course. For more information, email onsite@graduateschool.edu or visit: https://sdfm.graduateschool.edu/courses/empowering-women-leadership-essentials



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Course Outline

Module 1: Our Role in Government Leadership

- Define leadership in federal government roles.
- Analyze statistics related to women in federal government leadership.
- Describe current challenges for women in federal government leadership.
- Apply knowledge of leadership to plan for future federal government leadership roles.

Module 2: Our Role as Authentic and Transformational Leaders

- Describe the most common leadership styles, including authentic and transformational.
- Analyze how leadership styles relate to women's success as leaders.
- Identify and analyze one's own leadership style.

Module 3: Our Role as Trust-Builders

- Describe the significance of trust as a leader.
- Analyze one's strengths and areas of growth in emotional intelligence.
- Discuss the impact of self-awareness as a leader.

Module 4: Our Role Moving Forward

- Discuss why women supporting women in the workplace is important.
- Identify ways in which women can support one another in the federal government.
- Assess personal commitment to supporting other women in the workplace.