

Coaching Skills for Today's Leaders Course

Develop essential coaching skills to motivate employees, build trust, and foster team growth.

Group classes in Live Online and onsite training is available for this course.

For more information, email onsite@graduateschool.edu or visit:

<https://sdfm.graduateschool.edu/courses/coaching-skills-for-todays-leaders>



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Course Outline

Module 1: Coaching

- Understand the basics of coaching and its key distinctions from other leadership and managerial functions
- Explore the importance of coaching in employee development
- Learn how coaching can help clarify choices and foster personal and professional growth
- Discuss how coaching is used in various work settings and its applications for both leaders and employees

Module 2: Core Competencies of Coaching

- Learn the four core competencies of coaching: Setting the Foundation, Co-Creating the Relationship, Communicating Effectively, and Facilitating Learning and Results
- Understand the ethical considerations and agreements that support successful coaching relationships
- Practice effective communication skills, including active listening, questioning, and providing feedback
- Apply the core competencies in real coaching scenarios

Module 3: Application of Coaching Skills

- Learn how to apply coaching techniques in leadership roles and employee development
- Identify when an individual is ready for coaching and how to set effective coaching goals
- Understand the logistics and best practices for conducting successful coaching sessions
- Explore different tools and techniques to enhance the coaching process, such as active listening, goal setting, and evaluation